

sfe]]knfGrf]s lhNnfsf] k"j{df /fd]5fk / bf]nvf, klZrddf  
sf7dfG8f}+, nlnrk'/ / eQmk'/, pQ/df l;Gw'knfGrf]s / blif0fdf  
l;Gw'nL / dsjfgk'/ lhNnf kb{5g\ . k"j{df ;'gsf]zL, klZrddf gu/sf]6  
8fF8f P+j ;fFuf e~HofE, pQ/df OGb|fjtL Pj+ ;'gsf]zL gbL / blif0fdf  
sf]vfhf]/ Pj+ vfgL vf]nfn] j]li6t of] lhNnf ef}uf]lns ljifdtf / k|fs[Its  
;Dkbfo'Qm lhNnf dflgG5 .

o; lhNnfdf & j6f ufpFkflnsf / ^ j6f gu/kflnsf 5g\ . & ufpFkflnsf  
dWo] t]dfn ufpFkflnsf Ps xf] . lhNnfsf] c? ufpFkflnsf eGbf k[ys  
/x]sf] t]dfn ufpFkflnsf ;b/d'sfdaf6 \$) ls=ld= b'/Ldf /x]sf] 5 . ;fljssf &  
uf=lj=;x? ldn]/ ag]sf] t]dfn UffpFkflnsfdf ;fljs ;:o"+{vs{nfO{ ! / @  
g+ j8fdf ljefhg ul/Psf] 5 . ;fljs ;/dynLnfo{ j8f g+ #, ;fljs  
af]Nb]km]lbr]nfO{ j8f g+ \$, ;fljs kf]v/Lgf/fo0f:yfgnfO{ j8f g+ %,  
;fljs 7"nf]k;]{nnfo{ j8f g+ ^, ;fljs s'?jf; rfkfvf]/Lnfo{ j8f g+ & / ;fljs  
d]R5] ufpFnfo{ j8f g+ \* / ( df ljefhg ul/Psf] 5 . o;/L o; UffpFkflnsfdf  
xfn ( j6f j8fx? /x]sf 5g\ .

ufpFkflnsfsf] k"j{df rf}/L b]p/fnL UffpFkflnsf / /fd]5fk lhNnf, klZrddf  
/f]zL ufpFkflnsf / gdf]a'4 gu/kflnsf, pQ/df rf}+/L b]p/fnL  
ufpFkflnsf, e'Dn' ufpFkflnsf / kfFrvfn gu/kflnsf, blif0fdf /f]zL  
ufpFkflnsf / l;Gw'nL lhNnf /x]sf 5g\ . ufpFkflnsfsf] If]qkmn \*( ju{  
lsnf]ld6/ /x]sf] 5 eg] @)^\* ;fnsf] hgu0fgfsf] cfwf/df @@,&!@  
hg;+Vof /x]sf] 5 . o; ufpFkflnsfsf] kf]v/Lgf/o0f:yfg l:yt gf/fo0fsf]  
P]ltxfl;s dlGb/, ;f]xL kl;/df /x]sf] af}4, :joDe" / gdf]a'4 :t'kfx?,

tf]a;'d s'08, s'?jf; rfkfvf]/Ldf /x]sf] ;Gtfg]Zj/ dxfb]jsf] dlGb/ wfld{s  
ko{6gsf] lx;fan] k|r'/tf af]s]sf] :yfgsf] ?kdf kl/lrt /x]sf] 5 . To;} u/L  
t]dfn ufpFkflnsf cGtu{t /x]sf] j8f g+ \$ af]Nb] l:yt ;'gsf]zL lsgf/df  
/x]sf] led kfOnf, j8f g+ ^ 7"nf]k;}{n EF~Hoffa\df /x]sf] uf}v'?,  
nf]kf]Gd'v ?kdf /x]sf kf}/fl0fs :ynx? x'g\ h;sf] ;+/lf0f / ;Da4{g ug'{  
ufpFkflnsfsf] dxTjk"0f{ lhDd]jf/Lsf ?kdf /x]sf] 5 . o;sf ;fy} t]dfn  
ufpFkflnsf cGtu{t ljleGg j8fx?df /x]sf kf}/fl0fs / wfld{s dlGb/x?,  
u'Dafx? klg ;+/lf0f / ;Da4{g ug'{ lgtfGt cfjZos 5 . t]dfnsf] pRr:ynaf6  
s~rg+hf b]lv wf}nflu/L ;Ddsf lxd>+[vnfx? nx/} b]Vg ;lsG5 . t]dfns}  
8fF8fAff6 sf7df08f} pkTosf / l;Gw'nL u9L ;d]t b]Vg ;lsG5 .

af}4 wdf{nfjnDaLx?sf] cTolws a;f]jf; /x]sf] o; ufpFkflnsfdf  
lxGb' / OzfO{ wdf{jfnDjLx?sf] ;d]t a;f]af; /x]sf] 5 . xfn ax';FVos  
tfdE ;d'bfo /x]sf] o; lf]qdf j|fDx0f, lf]qL, g]jf/, du/ tyf blntsf ;FYF}  
l;dfGts[t hghflt dfemLx?sf] ;d]t a;f]af; /x]sf] 5 . oxFsf gful/sx?n]  
s[lif, kz'kfng, ko{6g Joj;fo Pj+ wfld{s dxTj af]s]sf] af]wL lrQdfnsf]  
v]tL Pj+ Joj;fo / Jofkf/nfO{ d'Vo k]zfsf] ?kdf cFufNb} cfPsf 5g\ . o;  
ufpFkflnsf ;'gsf]zL / /f]zLsf] lsgf/fb]lv t]dfnsf] 8fF8f;Dd km}lnPsf]n]  
ljz]if u/L dflyNnf] efudf af;f]af; ug]{ afl;Gbfx?sf nflu lkpg] kfgLsf]  
;d:of /x]sf] kfOG5 . oxFsf] pTkfbgn] vf;} hgtfsf] hLjg:t/nfO{ wfGg  
;Sg] cj:yf 5}g . df};dL e/df v]tL x'g] ePsf]n] slxn] cgfj[li6, slxn]  
cltj[li6, slxn] v08a[li6 t slxn] v8]/Lsf] df/n] ls;fgx? s[lif Joj;foaf6 vf;}  
nfeflGjt x'g ;ls/x]sf 5}gg\ . ef}uf]lins ?kdf dWod :t/Lo kxf8L w/ftn

/x]sf] o; ufpFkflnsfNFFO{ Ps ;lfd ufpFkflnsfsf] ?kdf :yflkt ug]{  
r'gf}lt ;du| ufpFjf;L tyf ;/sf/L / u};/sf/L lgsfox?sf] sfFwdf cfO{  
k/]sf] 5 . oxF ePsf ;Defjgfx?nfO{ cj;/sf] ?kdf kl/Oft ug{ / oxF /x]sf  
;d:ofx?sf] Go"gLs/Oft ug]{ qmddf of]hgj4 tf}/jf6 nfUg' kg]{ cfjZostf  
b]lvG5 .

o; sf/Oft t]dfn ufpFkflnsfn] qmdzM o; lf]qsf] ;du| ljsf;sf] nflu  
kxnx? ub}{ n}hfg x/]s jif{ jflif{s ?kdf of]hgf tyf sfo{qmdx? tof/ u/L  
cuf18 j9\g] hdsf]{ u/]sf] 5 . o;}qmddf gjlgjf{lrt hgk|ltlgwL?, laifout  
sfof{nosf k|ltlgwL, u};/sf/L lgsfosf k|ltlgwL, gful/s ;dfh Pj+  
;/f]sf/jfnf ;a]sf] ;lqmo ;xflutfdf cfly{s jif{ @)&\$÷&% sf] nflu jflif{s  
gllt tyf sfo{qmd tof/ ul/Psf] 5 .

l;dfgf M k"j{df M rf}/L b]p/fnL / /fd]5fk lhNnf

klZrddf M /f]zL ufpFkflnsf / gdf]a'4 gu/kflnsf

pQ/ M rf}/L b]p/fnLufpFkflnsf, e'Dn' ufpFkflnsf / kfFrvfn  
gu/kflnsf

bllf0f M /f]zL ufpFkflnsf / l;Gw'nL lhNnf

prfO{ M ;d'Gb|L ;tx af6 !\*( ) ld6/

lf]qkmn M \*( ju{ ls=dL=

nDafO{ M ;/b/ ! ) ls=ld=

xfjfkfgL M ;dl;tf]iOf -dWod kxf8L jftfj/Oft\_

s]Gb| M ;fljs kf]v/Lgf/foOf:yfg uf=lj=;= sf] sfof{no